

ACE

ASK.CARE.ESCORT.



■ If you or someone you know needs support, the Military Crisis Line is available 24/7.

Dial 988 and press **1**;
text **838255**;
or chat online at
www.veteranscrisisline.net/chat.

Request a no-charge call-back using chat;
or in Europe, call **00800 1273 8255** or **DSN 118**.

For Korea, call **0808 555 118** or **DSN 118**.

All are available 24/7.



Additional U.S. Army Suicide Prevention materials available at:
<https://ephc.amedd.army.mil/HIPECatalog/>.



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